

Pittsfield Village News

September 2011 Edition

<http://sites.google.com/site/thevillageexchange>

www.pittsfieldvillage.com

<http://pvcondoboard.wordpress.com>

Another Great Summer, Another Awesome Pool Party

A recap of the 2011 Community Pool Party, with Photos by David Karl & Words by Barb De Longchamp



A simply marvelous affair and fun! A complete mix of very young, young, old, and older, all with smiles. My three year old grand daughter, Julia, truly enjoyed the Jumping Castle; the food was great as always thanks to Kramer-Triad; the pool water was warm and very inviting; and of course the band. The band is always a hit to listen to. Young and old dancing, even my one year old granddaughter, Hailey, and of course a big thank you to Charlie P for the guest appearance. My sincere thanks to Melissa and all that put this party together. Looking forward to another great one next year. It's been a wonderful summer in Pittsfield Village, the little community with a smile.



Newsletter Delivery: An Important Update

Aaron Pressel

Board of Directors, Member-at-Large

"Change is" is the mantra where I work, and change seems to be a part of life in Pittsfield Village as well. Among the changes that are taking place in our community is a Board initiative to move towards electronic communication. The Board believes that moving towards more electronic communication will be beneficial to residents as a whole. It will speed up communication, reduce mailing

and paper costs, and create less waste.

One of the largest shifts towards electronic communication will occur with the Pittsfield Village newsletter, which will be going fully electronic starting in January 2012. In order to facilitate this move, staff is busy collecting emails from residents. If you would like to continue to receive the newsletter, you will need to provide your email or contact the office to specifically request hardcopy.

For those residents who don't have email, print versions of the newsletter will still be

available at the Village office. In addition, if you don't have an email address and would still like to receive a print copy of the newsletter we will still have a delivery option available. However this is an "opt in" option so you will need to request a print version be delivered to your unit prior to January 1st.

If a resident chooses to have a print edition, they must understand that printing, distribution, and delivery takes time, and the print version might not arrive at their home

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Darleen Boynton

Modification & Maintenance Committee

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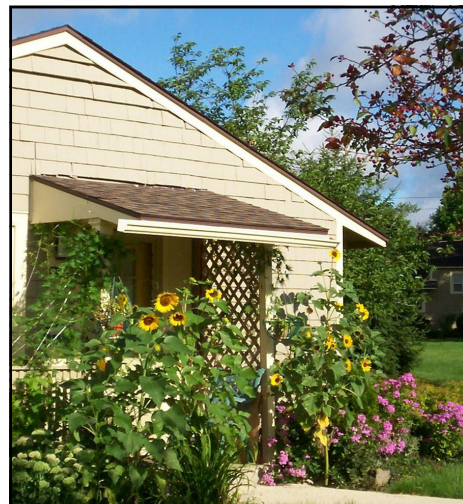
Mon.- Fri. 8:30AM - 5:00PM

Sunflowers Abound in Pittsfield Village

Darleen Boynton

Modification & Maintenance Committee Chair

After a weeks long siesta to avoid the heat and humidity everyone in the Village can come out and celebrate that the sunflowers in the Village have been thriving and are out to greet us! Sunflowers at the office are showcased by a new paint job and a new color scheme (See below). Short ones, tall ones, single ones, wild ones the cheerful sunflowers make one want to keep on walking to see what else has grown up recently. Apparently broccoli and tomatoes have been ripening on a deck on Oakwood Street. As the story book line went "You never know what's just around the corner."



Photos courtesy Darleen Boynton

Planning Your Spring Bulbs

Darleen Boynton

Modification & Maintenance Committee Chair

The signs of fall are coming upon us. Leaves are starting to jump off the trees to make a parachute trip to the ground. Golden rod flowers are waving to the early sunsets. The kids are getting up early for their morning trip to school. Here in the Village the mums look like a rich tapestry in our front yards.

These signs should also tell us that it is time to plan and plant bulbs so that we can have a showcase of spring flowers such as tulips, daffodils, grape hyacinths, etc. Many bulbs return year after year. The Village flows with the cherry blooms of daffodils.

Tulips often come back but they weaken as the years pass and need to be replenished. Grape hyacinths are small purple flowers that spread and can be shared with a neighbor after a few years.

Downtown Home and Garden has an amazing selection of bulbs to choose from. They seem to have every color in the rainbow. Bulbs are classified as early, mid and late so you can plan a garden that blooms from before the snow fully melts to early June. Just look at the displays. The displays will also tell you how tall the flowers will be. If you have never planted bulbs before the staff at the garden store are glad to give advice.

Planting bulbs will not take you long and you will love the rewards they bring.

HEALTHWISE

Allergies

Do you have burning, tearing, or itchy red eyes; nasal congestion, breathing problems (wheezing, coughing, or shortness of breath); itchy hives or skin rashes; itching of the nose or throat, and/or runny nose; sniffing or sneezing? If so, you may have an allergy.

An allergy is an exaggerated immune response or a reaction to substances that are normally not harmful. The immune response is how your body recognizes and defends itself against bacteria, viruses, and substances that appear foreign and harmful to the body.

At least one out of every 5 Americans suffers from allergies. Allergies can develop at any age and your risk of developing allergies is related to your parents' allergy



history. Allergies commonly occur in childhood but may give rise to symptoms for the first time in adulthood. Asthma may persist in adults while nasal allergies tend to decline with age.

Although you may inherit the tendency to develop allergies, you may never actually have symptoms. You also do not necessarily inherit the same allergies or the same diseases as your parents. It is unclear what determines which substances will trigger a reaction in an allergic person. Additionally, which diseases might develop or how severe the symptoms might be is unknown.

Another major piece of the allergy puzzle is the environment. It is clear that you must have a genetic tendency and be exposed to an allergen in order to develop an allergy. Also, the more intense and repetitive the exposure to an allergen and the earlier in life it occurs, the more likely it is that an allergy will develop.

Common causes of allergy symptoms include food allergies such as peanut allergy or milk allergy, and seasonal allergies resulting from grass, weed, tree pollen, or various molds. Cat allergies and dog allergies can also cause miserable symptoms.

The severity of allergies varies from person to person and can range from minor irritation to anaphylaxis (swelling of the throat) — a potentially life-threatening emergency. While allergies can't be cured, a number of treatments can help relieve your allergy symptoms.

To evaluate whether you have an allergy, your doctor may: ask detailed questions about signs and symptoms; perform a physical exam; have you keep a detailed diary of symptoms and possible triggers; if you have a food allergy,

your doctor may ask you to keep a detailed diary of the foods you eat; have you eliminate food from your diet, called an elimination diet — and then have you eat the food in question again to see if it causes a reaction.

Your doctor will help you take steps to identify and avoid your allergy triggers. This is generally the most important step in preventing allergic reactions and reducing symptoms.

Your doctor/health care provider may refer you to an allergist — a physician who is a specialist in diagnosing and treating allergies.

If you have fall allergies, using these tips can help you to manage them: buy a dehumidifier since dust mites and molds flourish in a humid environment; wash pollens off your skin and hair as soon as possible after spending time outside to reduce the amount of pollen and other allergens you may bring into the house; buy hypoallergenic filters and change air conditioner filters monthly with HEPA filters (place used filters in a plastic garbage to prevent an accidental pollen spill).

To take an online allergy self-test visit www.acaa1.org/allergy-self-test, or visit WebMD and Medicinenet.com for more information.

To your best health,

~**Brenda Webster**

Pittsfield Village Resident

Recycling: Fun Facts



This article was sent to us by Village resident Lisa Lemble, and was recently published in the first issue of The Ann Arbor Freecycler newsletter:

As we all know, what's best for the environment is to reduce our use of material goods. Next best is to reuse stuff. Finally, it's better to recycle than to throw it in the landfill. Below are reasons for recycling, but a great way to reuse is to give and receive things free on our local freecycling site—www.annarborfreecycle.org. Sign up today if you haven't already!

Throwing away a single aluminum can, versus recycling it, is like pouring out six ounces of gasoline. Last year, Americans recycled enough aluminum cans to conserve the energy equivalent of more than 15 million barrels of oil.

The EPA estimates that 75 percent of what Americans throw in the trash could actually be recycled. Currently, only 25 percent is.

Incinerating 10,000 tons of waste creates one job; landfilling 10,000 tons of waste creates six jobs; recycling 10,000 tons of waste creates 36 jobs.

The national recycling rate of 30 percent saves the equivalent of more than five billion gallons of gasoline, reducing dependence on foreign oil by 114 million barrels. This could be even higher!

The aluminum can is 100 percent recyclable and can be used to make new beverage cans indefinitely — demonstrating recycling at its finest! "Every can, every time!"

According to the EPA, recycling, including composting, diverted 68 million tons of material away from landfills and incinerators in 2001, up from 34 million tons in 1990.

Recycling 35 percent of our trash reduces emissions equivalent to taking 36 million cars off the road.

Every Sunday 500,000 trees could be saved if everyone recycled their newspapers.

Think recycling is expensive? Consider this: aluminum cans are the most valuable item in your bin. Aluminum can recycling helps fund the entire curbside collection. It's the only packaging material that more than covers the cost of collection and re-processing for itself.

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until a couple of weeks after the electronic version becomes available.

To make sure that this transition goes as smoothly as possible, we will have reminders in the October-December newsletters.

If you have questions, comments, or feedback, please feel free to share your feelings and opinions with the Board or with the Management. Our goal is to make living in Pittsfield Village a better experience. Please also remember that while change can be difficult, it doesn't always mean that it's bad.

To submit your email address, send an email to the management office at office@pittsfieldvillage.com with "Subscribe" in the subject line.

If you would like to continue receiving a print copy, please contact the Pittsfield Village office at 734-971-0233

From The PV Board Blog: Community Building Redo

Posted on August 5, 2011 by Justin Ferguson

If you haven't seen it yet, check out the new finishes on our Community Building. Not only has Melissa and Staff done a great job of renovating the interior, but the exterior has a beautiful coat of paint and a very elegant awning to match. The building looks great, and is definitely an improvement in welcoming potential buyers and visitors as well as Residents.

Visit the Pittsfield Village Board of Directors Blog at www.pvcondoboard.wordpress.com.



Pittsfield Village
Communications
Committee

... Bulletin

Newsletter Contributors Needed!

We are always looking for residents to contribute to this newsletter. We especially need volunteers to write articles and submit photos from around our community. Anyone interested is encouraged to email pittsfieldvillage@gmail.com.

To make a C2 Bulletin posting, send an email to pittsfieldvillage@gmail.com.

September 2011 Community Calendar

September 6th

Modification & Maintenance Committee Meeting

6:30PM - 8:30PM @ The Community Building

September 15th

Communications Committee Meeting

6:30PM - 7:30PM @ Biggby Coffee, 3354 Washtenaw Ave.

September 15th

Finance Committee Meeting

6:00PM - 7:30PM @ The Community Building

September 20th

Landscape Committee Meeting

6:30PM - 8:30PM @ The Community Building

September 23rd

Board of Directors Meeting & Open Forum

6:15PM Open Forum, 6:45PM Meeting @ Community Building

Looking Ahead... Early October 2011

October 4th

Modification & Maintenance Committee Meeting

6:30PM - 8:30PM @ The Community Building

October 14th

Communications Committee Meeting

6:30PM - 7:30PM @ Biggby Coffee, 3354 Washtenaw Ave.

October 18th

Landscape Committee Meeting

6:30PM - 8:30PM @ The Community Building

October 20th

Finance Committee Meeting

6:00PM - 7:30PM @ The Community Building